



**Val Thorens** is not only the highest in Les Trois Vallées ski area, set at 2,300m, but is also the highest in Western Europe – making it one of the best for snow reliability. The resort is extremely well connected to the expansive Three Valleys ski area and with the fastest lift system in France, it offers more than enough skiing opportunities.

## Top Runs

- For beginners, the slopes at the foot of the resort are gentle and provide convenient, snow-sure nursery slopes with green runs as well as moving carpet lifts.
- For intermediate to advanced skiers, the scope in the Three Valleys is enormous. It can take as little as 90 minutes for a keen intermediate to get to Courchevel 1650. If you want to stay local, the slopes in Val Thorens offer some of the best intermediate terrain in the region.
- The snow on the red Col run is normally unbeatable. The blue Moraine below is gentle and proves popular with the ski schools. The Pluviomètre from the Trois Vallées chair is a glorious, diverse run, away from the lifts. The Cime de Caron runs should not be missed by adventurous intermediates.



## Best for Après Ski

- **La Folie Douce**  
Modelled on the original in Val d'Isère, this is the place to be from 2pm onwards. DJs, live music and table dancing in the sun.
- **Rhum Box**  
One of the quieter bars, with a great atmosphere. Not to mention the 30 fruit-flavoured rums there are to try!
- **The Frog**  
A great, British-owned, lively bar. Boasts the best live music in Val Thorens at après.
- **Malaysia**  
For those who like to burn the candle at both ends, Malaysia is the biggest night club in the Alps. It has the resort's biggest events and international DJs.

## Recommended Restaurants

- **Chalet de la Marine**  
Offers the best of both worlds, with a lovely sun terrace as well as warm alpine-style décor and mouth-watering food.
- **La Fruitière – La Folie Douce**  
This restaurant is perfect for gourmet lovers. The unique concept and innovative design are reflected in its outstanding menu and wine selection. On a sunny day, you can enjoy a spectacular view from the terrace.
- **L'Auberge des Balcons**  
With a panoramic sun terrace and a wide selection of Savoyard and Italian food, this restaurant is a great spot for lunch in the sun or an atmospheric dinner.