



**La Tania** is one of France's best-kept skiing secrets. It has a rich history, originally built to house athletes competing in the 1992 Winter Olympics. La Tania has since developed into a beautiful resort in its own right, boasting wooden architecture and traditional Alpine chalets throughout. Being part of the Three Valleys ski area, the resort is well connected to Courchevel and Méribel, giving access to more than 600km of varied ski terrain, catering for skiers of all abilities and preferences.

## Top Runs

- For experts, the nearest advanced ski terrain is a black run starting from above La Tania, through woodland and down to Le Praz. A second black descends from the Col de la Loze. La Tania also has quick access to the Three Valleys, where extensive and challenging ski terrain can be found.
- La Tania has some brilliant intermediate-level runs such as Folyères and Moretta Blanche. Courchevel and Méribel are just two ski lifts away and offer intermediate trails as long as 8km.
- For beginners, La Tania is great for getting to grips with skiing. Plan Fontaine is a long green run through woodland and back to the village, which offers a great opportunity for early-stage skiers to grow their confidence on a slightly longer ski.



## Best for Après Ski

- **Pub Le Ski**  
As the most renowned social spot in La Tania, this bar has everything from happy hour offers and buzzing après, to themed nights and live music. The lively atmosphere starts as soon as the ski lifts close and lasts until the early hours.
- **La Taiga Lounge**  
A sophisticated and modern bar, serving hand-made cocktails with live music performances. It is located just across the main road from the slopes, making it the perfect spot for a relaxed après ski drink.
- **Le Chrome Bar**  
This lively spot in La Tania is thriving with happy hour offers and live music all season long. The bar also serves hot food and has big screens, showing ski movies and live sport.

## Recommended Restaurants

- **Le Farçon**  
A renowned Michelin-star restaurant in La Tania. Famous for its unique take on French cuisine, Le Farçon serves dishes such as Clavisy lamb, lobster, rabbit and pigeon.
- **La Ferme de La Tania**  
Sitting at the end of the Folyères piste, with a terrace serving views of the local mountain range, this restaurant has a warm, homely feel and serves everything from hot crêpes to fondue and raclette.
- **Restaurant Les Marmottons**  
Best known for its world-class pizza. Its extensive menu serves specialities such as raclette, fondue and other meat and pasta dishes.
- **Restaurant Les Chanterelles**  
Located at the foot of the slopes, this restaurant is famous for its savoury crêpes and chef's speciality pizza.