



Flims Laax prides itself on being one of the more forward-thinking resorts in the world. The Swiss ski resort has incredible innovations and sustainability initiatives. The resort has an altitude of 1,100–3,018m, making it very reliable for snow throughout the season. It's one of the leading ski resorts in the world for freestyle snowsports with its state-of-the-art snow parks. Flims Laax has stylish accommodation, bars, restaurants and clubs to choose from. It's a top-class ski destination that caters for all levels of skiers and snowboarders.

Top Runs

- For beginners, there are lots of easy blue runs near Crap Sogn Gion. There are tow lifts that access the blues 50–54. A great way to progress your skills on easy terrain.
- Intermediate skiers or snowboarders can go to Nagens and Mutta Rondunda, where there are plenty of red runs. They are wide-carving slopes at over 3,000m altitude.
- More advanced skiers can head to the black run 65, which goes from La Siala to Sogn Martin. It used to be a FIS World Cup ski course.
- In Crap Sogn Gion there's a world-class terrain park. Flims Laax also has a freeride base in Nagens. A great way to hit powder that's patrolled by local mountain rescue.



Best for Après Ski

- **Il Pup**
The party atmosphere starts at Il Pup after lifts close. Located near the valley station in Laax, it's a popular spot for people to meet up after a day skiing.
- **Riders Club**
Freestylers and young crowds flock to the club, located in the Riders Hotel. It has live music and DJ nights throughout the winter season.
- **Camino Bar**
For a more relaxed atmosphere, Camino Bar in the Signina hotel is a great choice. It's a cosy establishment with a first-class selection of beverages.
- **Arena Bar**
Located in Flims, Arena Bar has a cosy interior and a large terrace area. It's a great place to drink and get a bite to eat.

Recommended Restaurants

- **La Vacca**
What looks like just a tipi from the outside is a fantastic steakhouse. There's an open fire and a modern twist on traditional alpine interior. They serve US beef, rib-eye, lamb and soft-fried bison filets.
- **Nooba**
If you love Asian cuisine this is the place to be. It serves a variety of Asian-influenced dishes. All the meals are freshly prepared on the day. It's located near the valley station in Laax.
- **La Clav**
This restaurant is exclusively a vegan/vegetarian menu. The food is fantastic and is a modern twist on traditional Graubünden cuisine. Located in the Hotel Adula, La Clav is a wonderful food experience.
- **Chesa**
The Chesa menu has a mixture of traditional and modern dishes. The restaurant's cuisine has Alsatian and Mediterranean-orientated flavours across each dish. It also has a beautiful view of Flimerstein mountain.