



**Banff** is home to one of the longest ski seasons in Canada and is an ideal destination for skiers of all levels. At the heart of the Rockies, the Banff area offers access to three world-class ski areas – Norquay Mountain, Lake Louise and Sunshine Village. Most of the runs in Banff will cater to an intermediate level, although there are fabulous runs for each level of skier or boarder. It is a snowboarder's paradise here, with extensive terrain and jib parks located throughout the resorts.

## Top Runs

- Sunshine Village is composed of three mountains and connects Mount Standish, Lookout Mountain and Goat's Eye Mountain. All receive some of the best snowfall in the area and there are over 107 runs across the three mountains.
- Norquay is the closest resort to Banff and has a great nursery area with a moving carpet for beginner skiers. For those feeling brave enough to try a black diamond duo, attempt Upper Lone Pine and Gun Run.
- Most of the runs in Sunshine Village are above the tree line and are black runs. Canyon Trail is recommended for the more advanced skiers.
- Intermediate skiers will enjoy the World Cup run and Mystic Express as great runs to start the day.



## Best for Après Ski

- **Waldhaus Pub**  
A cosy venue tucked away in the mountains catering to beer fans with a range of bottled and draught beers as well as dartboards and live sports over multiple screens.
- **Beaver Bar**  
A popular bar as it stay open until the early hours of the morning. It has live music throughout the season too.
- **The Elk and Oarsman**  
Casual, relaxed sports bar and restaurant serving generous portions of hearty bar food in a lively atmosphere.
- **Rose & Crown Pub**  
A Banff institution with cosy fireplace, rooftop patio and live entertainment, liked by many so it does fill up.

## Recommended Restaurants

- **Eddie's Burgers and Bar**  
Specialising in inventive, gourmet burgers and weekend breakfasts.
- **Cascade Lodge**  
Located on Norquay Mountain. A wooden cabin serving tasty meals. Open late on those night riding evenings.
- **The Maple Leaf**  
Enjoy mountain views and delicious food. Fresh Alberta beef and fish are the specialties here.
- **Saltlik**  
Offers steak, ribs, seafood and a great wine list. Reservations highly recommended.